

B.VII.42

Advanced skills – Case studies

Lebensentwürfe im gesellschaftlichen Kontext kennenlernen – Exploring concepts of life

Dr. Petra Schappert



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Wie ticken die Generationen Z und Alpha? Worin liegt der Sinn in der Einschränkung und Bescheidenheit der Mittel? Und was hat es mit den „Tradwives“ auf sich? In dieser Unterrichtseinheit lernen die Schülerinnen und Schüler unterschiedliche Lebensentwürfe im Kontext gesellschaftlicher Entwicklungen kennen und überlegen, welche Auswirkungen verschiedene Lebenskonzepte haben können.

KOMPETENZPROFIL

Niveau/Lernjahr:	B1/1.–3. Lernjahr (Differenzierungsmaterial für A2)
Dauer:	6–10 Unterrichtsstunden
Kompetenzen:	1. Sprechen: in (schulischen) Kommunikationssituationen kompetent interagieren; 2. Schreiben: einen Kommentar verfassen; 3. Lesen: Artikel aus der Presse lesen und verstehen; 4. Hören/Hör-Sehen: ein Video ansehen und verstehen
Thematische Bereiche:	<i>individual, society, generations, gender roles, trad wives, minimalism, Gen Z, Gen Alpha</i>

Auf einen Blick

1./2. Stunde

Thema:	Talking about future plans, dreams and wishes
M 1	Thinking about your future – A cartoon / Sich mit einem Cartoon und einer Fantasiereise Gedanken über die eigene Zukunft machen
M 2	Talking about your future – A word cloud / Sich über die Zukunft austauschen und die Ergebnisse in einer Wortwolke zusammenfassen
Benötigt:	ggf. digitale Endgeräte und Internetzugang für die Erstellung von Wortwolken; ggf. die Methodenkarte in ZM 2



3./4. Stunde

Thema:	Exploring the concepts of Generations Z and Alpha
M 3	Ideas, dreams and wishes of Gen Z and Gen Alpha – Watching a video / Einem Video Informationen entnehmen
M 4	Comparing two generations – Filling in a table / Die Gemeinsamkeiten und Unterschiede zwischen zwei Generationen herausarbeiten
Benötigt:	Kopfhörer, digitale Endgeräte und Internetzugang zum Abspielen der Videos



5./6. Stunde

Thema:	Exploring the concept of minimalism
M 5	Do you fancy minimalism? – A reading comprehension / Das Leseverstehen trainieren
M 6	Are you really happy? – A hot seat exercise / Mit einer theaterpädagogischen Übung dem Lebenskonzept eines Minimalisten auf den Grund gehen

7./8. Stunde

Thema:	Discussing the concept of trad wives
M 7	Talking about trad wives – Commenting on quotations / Mutmaßungen über das Lebenskonzept der "trad wives" anstellen
M 8	Going back to the traditional role of women? – Watching a video / Das Hör-Seh-Verstehen trainieren



M 9 **What do you think about trad wives? – Writing a comment /** Einen schriftlichen Kommentar zu einem Video verfassen

Benötigt: Digitales Endgerät und Internetzugang zum Abspielen des Videos; ggf. ZM 3



9./10. Stunde

Thema: Writing an essay

M 10 **Concepts of life – Writing an essay /** Einen Text über die Bedeutung von Lebenskonzepten schreiben

M 11 **This is what I like about your text – Giving feedback /** Mit einer Textlupe Feedback geben

Benötigt: Ggf. zweisprachige Wörterbücher

Minimalplan

Sie haben nur drei Doppelstunden zur Verfügung? So können Sie die wichtigsten Inhalte bearbeiten:

3./4. Stunde: Talking about the concepts of generations Z and Alpha M 3–M 4

5./6. Stunde: Talking about the concept of minimalism M 5–M 6

7./8. Stunde: Discussing the concept of trad wives M 7–M 9

Zusatzmaterialien zum Download

ZM 1_Vocabulary list Thematisch sortierte Vokabelliste zur gesamten Einheit

ZM 2_Inside-outside circle Methodenkarte zur schrittweisen Durchführung

ZM 3_Mediation Zusatzmaterial zur Förderung von leistungsstarken Lernenden



Erklärung zu den Symbolen

 <p>Dieses Symbol markiert differenziertes Material. Wenn nicht anders ausgewiesen, befinden sich die Materialien auf mittlerem Niveau.</p>		
 <p>einfaches Niveau</p>	 <p>mittleres Niveau</p>	 <p>schwieriges Niveau</p>

Comparing two generations – Filling in a table



M 4

What are similarities and what are differences between Generation Z and Generation Alpha?

Tasks

1. Work with a partner. Present your findings from the videos to each other.
2. Fill in the information you have received according to the given categories. If you need help, look at the snippets and decide which facts belong where. Add more information that is still missing.

Category	Generation Z	Generation Alpha
Birth years		
Technology use		
Communication style		
Education		
Values		
Work-life attitude		
Challenges		
Social behaviour		
Global perspectives		
Influence on society		

digital natives; grew up with smartphones and Internet

already challenging norms and systems

mostly digital; less face-to-face interaction

globally connected via social media

equality, realism, open to failure

expected to be most formally educated generation ever

COVID-19, early childhood disruptions, global challenges

work-life balance

mental health, social media pressure, slow life milestones

born fully into digital world; technology from birth

early signs of confidence, strong digital identity

...

M 5



Do you fancy minimalism? – A reading comprehension

Inform yourself about a lifestyle trend called minimalism.

Tasks

1. Read the text. Answer the questions in your own words. You do not have to write complete sentences. Keywords are enough.

Goodbye things, hello minimalism: can living with less make you happier? (by Fumio Sasaki)

[...] Let me tell you a bit about myself. I'm 35 years old, male, single, never been married. I work as an editor at a publishing company. I recently moved from the Nakameguro neighbourhood in Tokyo, where I lived for a decade, to a neighbourhood called Fudomae in a different part of town. The rent is cheaper,
5 but the move pretty much wiped out my savings.

Some of you may think that I'm a loser: an unmarried adult with not much money. The old me would have been way too embarrassed to admit all this. I was filled with useless pride. But I honestly don't care about things like that anymore. The reason is very simple: I'm perfectly happy just as I am.

10 The reason? I got rid of most of my material possessions.

Minimalism is a lifestyle in which you reduce your possessions to the least possible. Living with only the bare essentials has not only provided superficial benefits such as the pleasure of a tidy room or the simple ease of cleaning, it has also led to a more fundamental shift. It's given me a chance to think about what
15 it really means to be happy.

We think that the more we have, the happier we will be. We never know what tomorrow might bring, so we collect and save as much as we can. This means we need a lot of money, so we gradually start judging people by how much money they have. You convince yourself that you need to make a lot of money so you
20 don't miss out on success. And for you to make money, you need everyone else to spend their money. And so it goes.

So I said goodbye to a lot of things, many of which I'd had for years. And yet now I live each day with a happier spirit. I feel more content now than I ever did in the past.

25 I wasn't always a minimalist. I used to buy a lot of things, believing that all those possessions would increase my self-worth and lead to a happier life. I loved collecting a lot of useless stuff, and I couldn't throw anything away. I was a natural hoarder¹ of knickknacks² that I thought made me an interesting person.

At the same time, though, I was always comparing myself with other people who
30 had more or better things, which often made me miserable. I couldn't focus on anything, and I was always wasting time. Alcohol was my escape, and I didn't treat women fairly. I didn't try to change; I thought this was all just part of who I was, and I deserved to be unhappy.

My apartment wasn't horribly messy; if my girlfriend was coming over for the
35 weekend, I could do enough tidying up to make it look presentable. On a usual day, however, there were books stacked everywhere because there wasn't enough room on my bookshelves. Most I had thumbed through once or twice, thinking that I would read them when I had the time.

M 7



Talking about trad wives – Commenting on quotations

Tasks

1. Look at the picture and read the quotations. Which thoughts and feelings do they evoke in you? What do you think about the trad wives and their lifestyle?
2. Find a partner and exchange your ideas.



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Traditional Wives vs. Modern Feminists: A Cultural Debate Over Women's Roles

The trad wife lifestyle is a dangerous fantasy: Influencers who partake in the charade of 'traditional living' are feeding a culture of violent misogyny
 (www.independent.co.uk/voices/tradwife-ballerina-farm-conservative-onlyfans-fetish-b2587236.html)

Trad Wife Content Isn't Really for Women. It's for Men Who Want Submissive Wives.
 (www.nytimes.com/2024/05/15/opinion/tradwife-tiktok.html)

"Hey guys, and welcome back to my channel! Today I am going to be giving some tips for the ladies on how to attract a masculine man – a provider man!"
 (www.theguardian.com/lifeandstyle/ng-interactive/2024/jul/24/tradwives-tiktok-women-gender-roles)

Trad Wives and the War on Feminism: A Step Back for Women's Rights

"Pettitt, who is thirty-eight, is a self-proclaimed "trad wife", one of the earliest and best known in a burgeoning movement of women who spend their days taking care of their homes and families and documenting their activities on social media."
 (www.newyorker.com/culture/persons-of-interest/the-rise-and-fall-of-the-trad-wife)

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